Strategies to successfully integrate creative movement into your primary music program

National Kodaly Conference Melbourne

Monday 23 September 2024 and

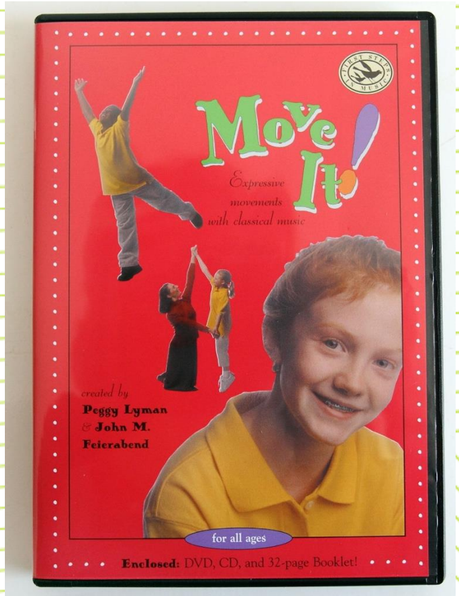
Wednesday 25 September 2024

Ruth Friend

Stationery Movements

- Movements to the **beat**
  - Copy
  - Create

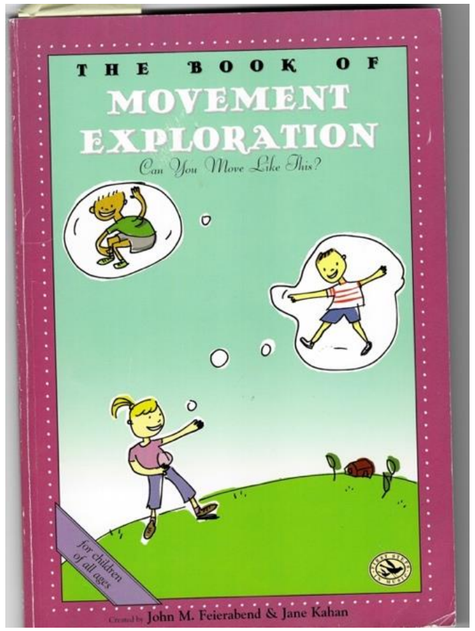
  - **Move It 2–**Track 1–Schumann–Scenes from Childhood
  - **Move It 1**–Track 3–TroisGymnopedie #1 by Eric Satie
    Ref: John Feierabend
  - **Move It 1–**Track 4–Respichi–Siciliana



Elements of Music

Rhythm
Melody
Form
Timbre
Dynamics
Tempo
Texture
Articulation
Harmony

Elements of Dance



Movement Word Wall

Spring
Bounce
Jump
Swing
Twist
Flap
Writhe
Shake
Flick
Dab
Point
Swish
Stretch

Body Parts/Body Awareness/Levels

Travelling in circle

Recording: Shenanigan's 'Indo Eu' from Portugal

- To develop a movement 'kit bag' teacher leads
  - focus on body parts - using **word wall**

  A: Walk in different ways – high, low, wide, light, heavy

  B: Copy different leaders

OR

A: Travel with different body parts leading

B: Copy different leaders

Movement Word Wall

Body Parts

- Elbows
- Wrists
- Knees
- Bottom
- Head
- Shoulders
- Chin
- Nose
- Ear

Locomotion

- Walk
- Tiptoe/sneak
- Stomp
- Skip
- Gallop
- Slide
- Leap

Directions

- Forwards
- Backwards
- Sideways
- Across the body

Shapes

- Circles
- Lines
- Curved
- Pointed

Levels

- High
- Middle
- Low
- Hi/Low
  - Swooping
  - Climbing
  - Sinking

Travelling – Explore Space - Pathways

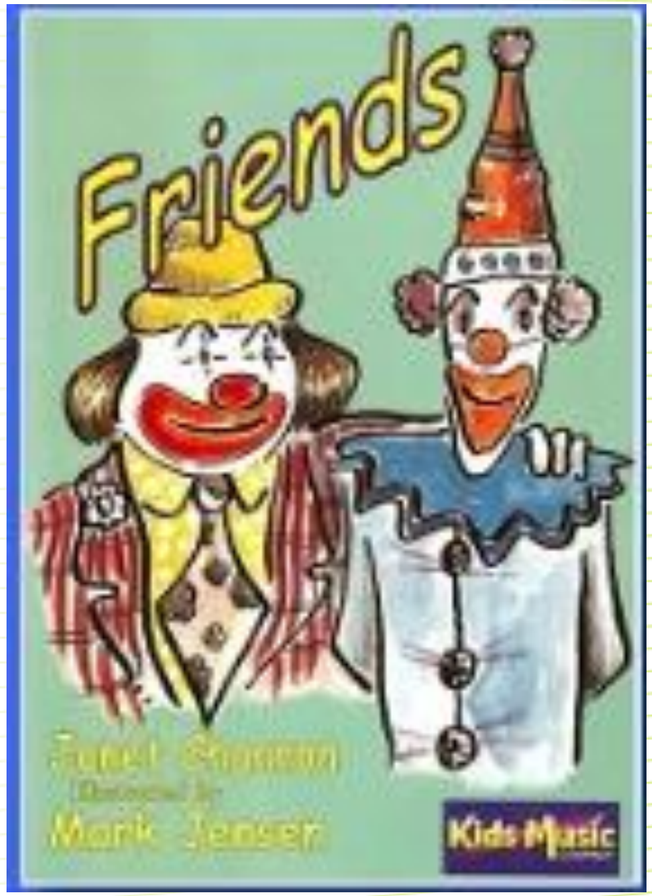
- Engine Engine

Travelling – Explore Space – Awareness of Others - Locomotion

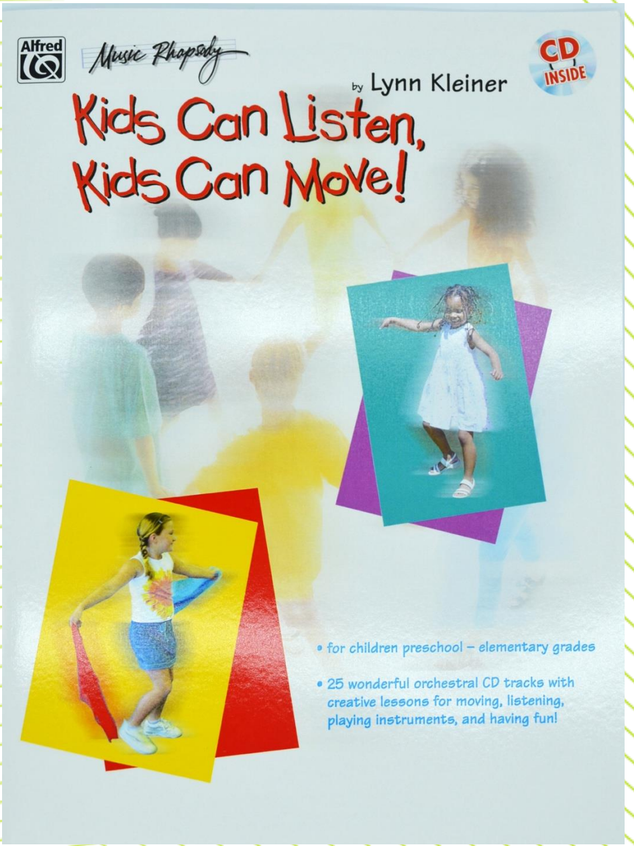
- Well you walk and you walk and you walk and stop!
- Establish the movement rules right from the start.

Travelling – Explore Space – Awareness of Others - Partners

- Song: ‘As I was walking down the street’…..
- Song: ‘Friends’
  Ref: Kids Music Company NZ



Putting it all together



- Leroy Anderson's 'Syncopated Clock'

  Ref: Lynn Kleiner's "Kids Can Listen, Kids Can Move"
  - Seated
  - Standing
  - Travelling

  Same approach can be used for Carnival of the Animals such as Aquarium

In the Hall of the Mountain King

- Stationery Creative Movement to Programme Music

- Ref: Take Note Music – Listening & Responding
  - 2 worksheets
  - 1 listening map
  - Listen and Move video

In the Hall of the Mountain King

Peer Gynt Suite by Grieg

Listen & Move

Take Note Music

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